



IAGP ON LINE INTERNATIONAL SYMPOSIUM ON COVID-19 RESEARCH OF THE IAGP RESEARCH COMMITTEE

Dates of the on line-Symposium: 30-31 October 2020 and 1 November, 2020.

ORGANISER-CONDUCTOR: Dr Catherine Mela,MD
IAGP Vice- President
Chair of IAGP Research Committee

Design:

Duration: on-line Symposium for 3 days.
5 sessions each day, 1.5 hours duration each one, for 3 days,
For each presentation: 20 minutes presentation + 10 minutes discussion/questions,
Each session will include 3 presentations.

KIND OF PRESENTATION: oral presentations (academic presentations).

INSTITUTES: Collaboration of the:
IAGP Research Committee and IAGP Webinar Committee.

PROGRAM OF THE ON LINE IAGP RESEARCH SYMPOSIUM ON COVID19.

DAY 1: Friday 30 October, 2020

SESSION A: 1.00-2.30

- Welcome by IAGP President Richard Beck (USA) and by the President of the IAGP Research Symposium and IAGP Vice President Catherina Mela (Greece).
- Catherine Mela (Greece): The consequences of covid19 lock-down, in Brain Plasticity's expression. How the psychotherapeutic groups can give hope and space for recovery and self-regulation?
- Domenico Agresta Mimmo & Menarini, Sangiulano (Italy): Dreams in time of covid19

BREAK: 2.30- 3.00

SESSION B: 3.00-4.30

- Mona Rakhawy (Egypt) **The Hope Farm: An Activity-oriented Heterogeneous Group Psychotherapy During COVID-19 Pandemic.**
- Monica Zuretti (Argentina): **Traumatic memories influence on personal and social reaction to the pandemic.**
- Michael Wieser (Austria) coordinator: Ines Testoni (Italy), Gianmarco Biancalani (Italy): **project: “Trust and Creativity for My Future Time” (T4T).**

BREAK: 4.30-5.00

SESSION C: 5.00-6.30.

- Iafi Sphirer (Israel) : **Applying Group-Analysis Practices during COVID-19 Lock-down in Israel**
- Jorge Veschi (Brazil): **How groups and individuals are dealing with the pandemic?**
- Clara Patricia Paz (Ecuador): **Tracking change in psychological distress: the use of the CORE system.**

BREAK: 6.30-7.00: Announcement by Caner Bungol (Turkey)

SESSION D: 7.00-8.00.

- Scott Giacomucci (USA): **Psychodrama, Teletherapy, and the Pandemic: Collective Trauma for Therapists, Clients and Moreno.**
- Hanah El Mazahy (Egypt): **on line groups with children during the covid19.**
- Stylianos Lagarakis (Greece): **free on line support Psychodrama- groups during covid19 pandemic.**

DAY 2: Saturday 31 October, 2020

SESSION A: 1.00-2.30.

- Magdalene Jeyarathnam (India): **Impact of on-line expressive arts therapy sessions including psychodrama during the lock down and beyond in groups. A narrative from India.**
- Kostas Liolios (Greece): **the impact of art on line group analytic groups in covid19 time.**
- Domenico Agresta Mimmo (Italy): **Somatic icons in online therapy during covid19.**

BREAK: 2.30-3.00.

SESSION B:3.00-4.30

- Noha Sabry (Egypt): The Relationship between Age and Attitudes toward COVID-19 Corona Virus Outbreak among the Egyptian General Population.
- Frasha Ndungu (Kenya): Covid19 as a Risk Factor for Increased Domestic Violence.
- Tatiana Dudareva- Kryukova (Russia): family in the stress of lock down: interplay between gender inequality and coping patterns.

BREAK: 4.30-5.00

SESSION C: 5.00-6.30

- Greg Crosby (USA), Mona Rakhawy (Egypt) and Roberta Mineo (Italy): Anxiety management in Corona times: risks and opportunities of group training for therapists and professionals.
- Raúl Vaimberg (Spain): Mental health training. Possibilities and limits of online interventions and psychotherapies in times of COVID-19.
- Catherine Mela (Greece): The interaction of Interleukins in Psychotherapy: Does Psychotherapy protect from the manifestation of the covid19 “cytokine storm”?

Break: 6.30-7.00.

SESSION D: 7.00-8.30

- Roberta Mineo (Italy) and Mona Rakhawy (Egypt): A Volunteering Oriented Anti-Corona Stigma Campaign: Navigating between Polarities throughout a Group Process.
- Ivan Urlic (Croatia): “Stay at home” and the issue of the hearth within the new COVID-19 reality.
- Kelly Panagiotopoulou (Greece): on line group psychotherapy during covid19 pandemic.

8.30-9.30: ON LINE RECEPTION-ROCK NIGHT

DAY 3: Sunday 1 November 2020,

SESSION A: 1.00-2.30

- Sushil Phuyal (Nepal): The impact of covid19 in Nepal
- Melinda Ashley Meyer DeMott (Norway): Enhancing collective Resilience in the face of Covid 19: EXIT a manualized Group intervention focusing on stabilization and spontaneity training with traumatised communities
- Svetlana Isaeva (Russia): self -isolation as a complex effect on the psyche. Problems of aggression and the possibility of overcoming the psychological consequences of the pandemic.

BREAK: 2.30-3.00: music from Nepal

SESSION B: 3.00-4.30

SESSION OF TELE'DRAMA:

Tele-Drama: Directing Psychodrama and other action methods via Zoom Video Conference during covid19 pandemic: the path to a new Culture Conserve.

1. "First International TELE'DRAMA Conference, August 6-9, 2020

Presenters: Daniela Simmons, PhD, TEP (USA); Mark Wentworth (UK); Hande Karakılıç Üçer, MD (Turkey); Andrea Wilches (Argentina), Phil Armour (USA)

2. "Bring yourself and your cup of coffee with you: A Project for Helping the Helper in Turkey via TELE'DRAMA".

Presenters: Hande Karakılıç Üçer, MD (Turkey); Gözde Özer Danış, PhD (Turkey); İnanç Sümbüloğlu, PhD (Turkey); M. Olcay Çam, Psychiatry Nurse (Turkey); Özden Şükran Üneri, MD (Turkey); Pınar Ulupınar Erakay (Turkey)

3. "TELE'DRAMA: Directing Psychodrama and Other Action Methods via Zoom Video Conference: The Path to a New Cultural Conserve".

Presenters: Daniela Simmons, PhD, TEP, Creator of the method (USA); and the TELE'DRAMA TEAM: Mark Wentworth (UK); Hande Karakılıç Üçer, MD (Turkey); Andrea Wilches (Argentina), Phil Armour (USA)

BREAK : 4.30-5.00

SESSION C: 5.00-6.30

Session of The Balkan Association in Psychodrama, Sociometry and Group Psychotherapy. "GROUPS FOR SHARING LIFE EXPERIENCE AND SUPPORT DURING DIFFICULT TIMES FOR THE BALKAN COUNTRIES".

Lydia Yordanova - Bulgaria

Mirjana Stojanovska - North Macedonia

Reyhane Cakmak - Turkey

Daniela Tahirova - Bulgaria

Liliya Mireva - Bulgaria

Blerta Spahiu - Albania

Suna Cetin – Turkey

BREAK: 6.30-7.00

SESSION D: 7.00-8.30

-Inas Abdel Hamid (Egypt): Attitudes towards COVID-19 Stigma in Egypt: A Qualitative Study.

-Kostas Liolios (Greece): the impact of covid19 crisis and the quality of life of elderly people both in an inpatient and outpatient level.

-Aishymaa M. Abdel Towab (Egypt): Psychometric Evaluation of COVID-19 Related Stigma Scale.

BREAK: 8.30-9.00

SESSION E: 9.00-10.30

-Oxana Rybakova (Russia): Expectations vs reality in therapy during quarantine".
-Ioannis Triantafyllou (Greece): sleep, stress and family support among nursing staff in a specialized covid19 hospital crisis during the pandemic crisis.
Disrupting our perception of continuity in time.

-10.00-10.30: CLOSING CEREMONY
